

Sean Cooke

2412 Chesapeake Avenue
Chesapeake, Virginia 23324
sean.cooke@officialseancookefanclub.com

Adobe Certified Instructor for Acrobat 9
Adobe Certified Instructor for Photoshop CS3
Adobe Certified Instructor for Illustrator CS4
Adobe Certified Instructor for InDesign CS3
Adobe User Group Manager

January 2005-Present

Lead Adobe Instructor for TECHEAD training. Teaching all Adobe print classes in the classroom or on-site custom workflow classes. Class size ranges from 1 - 10, with the average student having little knowledge of the program at first. Upon completing the class students are able to implement the new skills into their workflow. Students range from entry-level designers to seasoned professionals retraining and staying up-to-date. Also travel to clients offices for custom courses for all Adobe products and QuarkXpress, plus best practices for design/pre-press/printing techniques. Specializing in custom workflows.

April 2005-2006

Art Director at DIA Inc. marketing and advertising firm. Some job duties include: logo creation, ad development, ad layouts for national and local campaigns, web design (HTML and Flash based) and maintaining, also serve as technical resource for the company and its clients from networks to individual applications Mac and PC.

2003-2006

Freelance Instructor for NorthStar Training teaching Adobe Acrobat 7.0, Adobe Bridge, Dreamweaver 8.0, Adobe Golive CS2, HTML, Adobe Illustrator CS2, Adobe InDesign CS2, Adobe Photoshop CS2, and QuarkXpress 6.5. Class size range from 1 to 6 students, with the average student having little knowledge of the program at first. Upon completing the class students are able to implement the new skills into their workflow. Students range from entry-level designers to seasoned professionals retraining and staying up-to-date.

2002-2005

Private consultant for printing and design companies. Would streamline pre-press processes, advise on the purchase of software, hardware and printing systems. Also able to train employees on the new equipment and/or software. Also taught best practices for design/pre-press/printing techniques.

1999-2005

Digital Printer at Ridgway's Ltd. duties included: concept design, layout, copy writing, photo retouching, setup for print (offset and digital), mounting and laminating, program support for clients, personal contact with all clients, ordering materials, communicating between other departments completing multiple tasks and coordinating employee work load.

Also

Graphic artist in the new company "Atlantic Graphic & Design". A division of Tattoo-Art created to accommodate non-tattoo related business with their graphic needs. These needs include business cards, flyer layout, prepress, logo design, billboards, car graphics, etc..

PROFICIENT IN

Design Applications:

Adobe Acrobat 9
Adobe Dreamweaver CS4
Adobe Flash CS4
Adobe GoLive CS2
Adobe Illustrator CS4
Adobe InDesign CS4
Adobe Photoshop CS4
CorelDraw 11
QuarkXpress 7

Operating Systems:

Mac OS9-OSX 10.5
Windows Vista, NT, NT Server, Windows 2003, 2003 Server, ME, and XP

ADDITIONAL TRAINING

Completed apprenticeship as an offset printer 1997-1998 at Axel-Springer AG in Hamburg, Germany. Plus years of technical experience on various printing machinery including: offset, digital, vinyl, and silk screen.

REFERENCES AVAILABLE UPON REQUEST